

Uplands Infant School Anti-Bullying Policy for Children

What is Bullying?



Bullying is behaviour by one child or a group of children that hurts another child or group of children **Several Times On Purpose!**

Bullying can be:

- Emotional- being unfriendly, leaving somebody out or spreading rumours
- Physical- punching, kicking, pinching or any use of violence
- Verbal- name-calling, teasing, insulting or threatening
- Cyber Bullying- emailing, texting or use of social media to send nasty, intimidating or threatening messages to someone

Our Aims

- To create a safe place where all children are respected and can learn.
- To understand what bullying is and why it is unacceptable.
- To have an anti-bullying system in place that teachers and children follow.
- To look at the policy often and make sure children, teachers and parents know about it.
- To involve the student governors and have anti-bullying week yearly.



What can we do to PREVENT bullying?

The Teachers will:

- Make sure children feel safe so they can learn in school.
- Support children to report bullying and tell them what action is going to happen.
- Make sure that all children learn and follow the Golden Rules.
- Be caring and respectful to all children.
- Ask children to care for each other during the school day
- Talk to children about bullying and make sure children understand what it is.
- Tell the head teacher about any bullying happening in their classroom.
- Have an Anti-Bullying champion in the school.



Lunchtime Supervisors will:

- Lunchtime supervisors to wear high visibility jackets so children know who to go to for help
- Lunchtime supervisors to encourage children to play together.
- Lunchtime supervisors to help children and encourage them to help each other.



Parents will:

- Feel confident that their child is happy and safe in school.
- Know what to do and who to talk to if they are worried.
- Report any bullying they know about inside or outside of school.



Student Governors will:

- Help the head teacher and teachers with the policy
- Know about bullying and how to prevent it and take part in the policy review
- Make sure that any incidents of bullying they have seen or heard about are passed on to a teacher.
- Listen to and help those children who come to them with an issue and direct them to an adult



Children should:

- Be confident that our school is safe.
- Help and look after each other and know who to talk to if they are being bullied or have seen bullying happening.
- Give ideas on how to prevent and stop bullying.
- Start Telling Other People- tell a carer, parent or teacher if bullying is seen inside or outside of school.



What we should do if we see bullying happening.

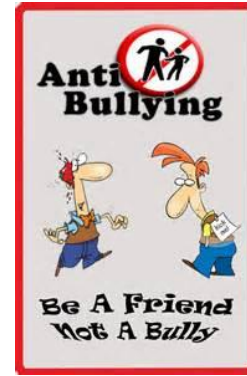
- Tell an adult
- Tell a Student Governor
- Write it down and post it in the **STOP** box

Any bullying incidents will be reported to the head teacher or deputy head.

Dealing with bullying

If somebody is being bullied this is what will happen:

1. A teacher will talk to the victim about what is happening.
2. The teacher will write everything down and hand it to the head teacher.
3. A teacher will talk to the bully about the rules they have broken, what that means and how they can behave better.
4. Parents of the victim will talk to the head teacher about the bullying.
5. The head teacher will talk with the parents and the teachers about how to help the child feel better
6. The parent of the bully will talk with the head teacher about their actions and the head teacher and teacher will talk about how to help the Bully behave in a better way.



Consequences of bullying

- Time away from a fun activity in the classroom (golden time).
- Missing playtime, school trips or after school clubs.

