

Uplands Infant School HALAL MENU 2024 - 2025

TIMETABLE	WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK COMMENCING: 2024 23 September, 14 October, 11 November, 2 December	OPTION 1 Halal (H)	Quorn Meatballs in Tomato & Herb Sauce Spaggetti (VE)	Halal Chicken Biryani Naan	Halal Chicken Sausages Mash Potatoes Gravy	Halal Chicken Korma Rice Naan	Fish Fingers or Salmon Fish Fingers Chips (V)
WEEK COMMENCING: 2025 5 January, 27 January, 24 February, 17 March, 7 April, 12 May, 9 June, 30 June	OPTION 2	French Bread Pizza Diced Potatoes (V)	Mixed Dhal, Rice Naan (VE)	Quorn Sausages Mash Potatoes Gravy (VE)	Red Kidney Bean Curry Rice Naan (VE)	Veggie Fingers Chips (VE)
	SIDES	Sweetcorn	Mixed Veg	Peas	Broccoli & Carrots	Baked Beans
	DESSERT	Fruit & Chocolate Muffin (50% Fruit) (V) or Custard Biscuits (V)	Iced Sponge (V) or Fruit Cookie (V)	Peaches & Custard (50% Fruit) (V) or Chocolate Biscuit (V)	Iced Cupcake (V) or Oaty Biscuits (VE)	Ice Cream (V) or Lemon Drizzle Cookie (V)

TIMETABLE	WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK COMMENCING: 2024 9 September, 30 September, 28 October, 18 November, 9 December	OPTION 1 Halal (H)	Sweet Potato, Chickpea & Spinach Curry Rice (VE)	Halal Sticky Spicy Chicken	Halal Lamb Biryani Naan	Pizza - Cheese & Tomato Wedges (V)	Fish Cake Chips
WEEK COMMENCING: 2025 13 January, 3 February, 24 March, 28 April, 19 May, 16 June, 7 July	OPTION 2	Macaroni Cheese Malted Baguette (V)	Sticky Spicy Quorn Noodles (V)	Vegetable Biryani Naan (V)	Cauliflower, Peas & Potato Curry Brown/White Rice, Naan (VE)	Quorn Burger in a Bun Chips (V)
	SIDES	Peas & Carrots	Mixed Vegetables	Carrots	Baked Beans	Peas & Sweetcorn
	DESSERT	Chocolate Haystacks (V)	Iced Fruit Sponge (50% Fruit) (V) or Lemon Shortbread (VE)	Caramelised Pineapple (50% Fruit) (VE) or Yum Yum Biscuit (V)	Chocolate Krispie (VE) or Butter Scotch Cookie (V)	Ice Cream (V) or Chocolate & Vanilla Swirl Biscuit (V)

TIMETABLE	WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK COMMENCING: 2024 16 September, 7 October, 4 November, 25 November, 16 December	OPTION 1 Halal (H)	Pizza - Cheese & Tomato Jacket Potato (V)	Cheese Flan Garlic & Herb Potatoes (V)	Halal Chicken Curry Rice	Halal Chicken, Jambalaya Chopatti	Fish Cake Chips
WEEK COMMENCING: 2025 20 January, 10 February, 10 March, 31 March, 5 May, 2 June, 23 June	OPTION 2	Tomato & Herb Pasta Naan (VE)	Jacket Potato with Colislaw (V)	Vegetable Curry Rice (VE)	Vegetable Jambalaya Chopatti (VE)	Quorn Dippers Chips (VE)
	SIDES	Sweetcorn	Peas	Broccoli & Cauliflower	Carrots	Baked Beans
	DESSERT	Iced Fruit Sponge (50% Fruit) (V) or Coconut Cookie (V)	Jelly & Fruit Pots (50% Fruit) (VE) or Chocolate Biscuit (V)	Iced Buns (V) or Melting Moments (VE)	Chocolate Tart (V) or Jam Crunch (VE)	Ice Cream (V) or Flapjack (VE)

***KEY:**
V = Vegetarian,
VE = Vegan,
50% Fruit = this pudding contains at least 50% fruit

Disclaimer
We endeavour to serve food as specified on the menu, however, there are some circumstances when this isn't possible. You can be assured that these instances will be kept to an absolute minimum.

For children to have healthier meals at school, over the last few years we have reduced the sugar in our puddings by 20%

Choosing a meal from this menu for your child every day will provide 2-3 portions of their five a day. Seasonal vegetables served daily

For all allergens please ask a member of catering staff

Uplands Infant School

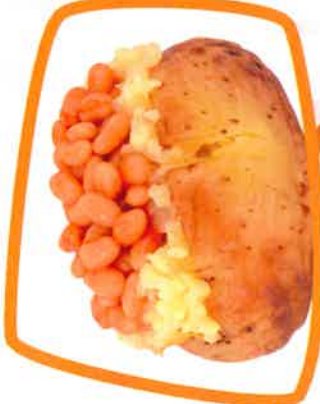
HALAL

Salads, vegetables, bread, fruit yoghurts, fresh fruit and drinking water, are available daily.

What's for my lunch this year

City Catering: September 2024 - July 2025

- New dishes offering more variety and dishes from around the world
- No genetically modified ingredients, undesirable additives or artificial trans fats
- Dishes have been locally tailored to meet the cultural and community needs of Leicester
- Menus are seasonal and locally grown produce where possible
- We offer vegetarian and vegan options
- Less processed meat
- Farm assured & Red Tractor Meat
- Fish is approved by the Marine Conservation Society
- More than 75% of our dishes are kitchen prepared
- Locally sourced free-range eggs
- Awarded Food for Life - our meals are healthy nutritious and fun



Pupil Premium

If you are eligible for free school meals its important to register as your school will receive extra funding.

City Catering are supporting the Leicester Food Plan 2021-2026 and aim to make Leicester a 'healthy and sustainable food city'. To support their vision City Catering places your child at the heart of what we serve.

We are constantly reviewing our menus to make sure we are serving what children actually like to eat - with our own healthy spin!

Our meals are fresh, healthy, nutritionally balanced and meet the Government's Food Based Standards which are checked by our NHS Dietitian.



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HALAL

Want to join our team?

City Catering doesn't just provide meals! We are always looking for enthusiastic and talented people to join our team. We have many opportunities available - for more information go to vacancies website, leicester.gov.uk/jobs



leicester.gov.uk/schoolmeals

