

Early Help

Family Support Worker available to parents
Signposting to welfare support
Support for school place applications when needed

Strengths & Difficulties Questionnaire (SDQ's)

SDQ's completed for ALL Pupils in the school.
Strategies implemented for pupils that score highly

Attendance

Monitoring and support for parents

Family Liaison

Bespoke support for parents when needed
Referrals for foodbank
Parent courses
Signposting to various agencies

Yoga & Mindfulness**Staff available to parents**

SLT and Family Support Worker in the playground morning and afternoon each day to give a friendly smile or address any concerns

Mental Health & Wellbeing at Uplands Infant School**Pupils & Parents****Extra-Curricular activities/ Wrap around care**

Breakfast club
Daily after school clubs

Play and lunch times

Sports clubs
Sports lead organising activities
Lunch time supervisors available to talk
Sports equipment available

Referrals to SEMH**Parent Coffee mornings**

These take place every Friday and ALL parents are welcome to come and discuss issues and make new friends

School values/ Character Muscles

An intrinsic part of our school curriculum

Children earn dojo points linked to school values

Talk for Drawing Therapy**Jigsaw PSHE Curriculum**

- Mindfulness