

Mental Health & Wellbeing at Uplands Infant School

Staff



Induction

Thorough induction of staff including Child Protection Training

Reports

Concise reports to support with teacher workload.

Marking and feedback Policy

Smarter, more effective marking during lessons reduced work load and immediate improvement in children's learning

Supportive appraisals & bespoke CPD

Open Door policy
Staff can talk to SLT at any time

Weekly Diary

(Long term dates included)
Dates are sent to all staff weekly, all dates are shared with all staff via email so that everyone knows what is happening this week and in the future.

Moderation / pupil progress meetings

Take place in directed time and is a supportive process

Tea and coffee provided for all staff

Subject Co-ordinators

Clear roles, very supported by Curriculum lead
Release time for co-ordinators to monitor half termly and develop their subject area

Protected PPA and leadership time

Shared PPA time with team to support with planning, work load and development of subject specific knowledge

KS1 hours above recommended guidelines

Stress audit

Annual stress audit - any areas of concern are addressed

Monitoring Timetable

Staff have clear overview of monitoring dates and foci thus reducing anxiety

Doterra Diffusers

Every class has a diffuser to support their wellbeing

Staff able to attend their own child's assemblies/ meetings.

Release time

Release time from class given to work on projects

Education Programmes

Subscription to education programs, schemes and resources to support with workload

Return to work meetings

Can result in:
Planned support package
Risk assessment
Referral to vivip

Vivup 24/7 support for mental health and wellbeing

Staff Meetings

Staff meetings are relevant and responsive to the current needs of the school