

Uplands Infant School

Anti-Bullying Policy for Children

This Anti Bullying policy has been created by the Uplands Infant School Governors.



Our Aims are:

- To create a safe place where all children are respected and can learn.
- To understand what bullying is and why it is unacceptable.

- To have an anti-bullying system in place that teachers and children follow.

What is Bullying?



Do you know what bullying is?

Bullying is hurting someone else on purpose. Bullying is something that happens over and over again.



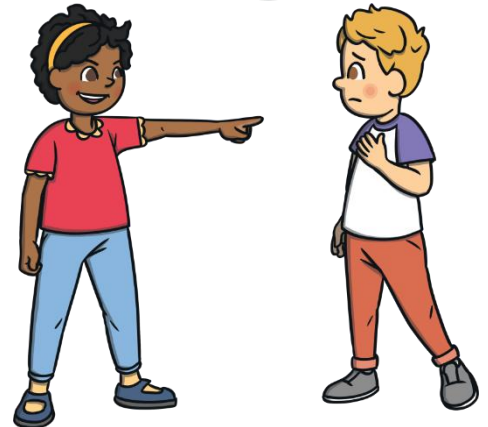
Bullies can hurt people in lots of different ways. You can be hurt on your body or with nasty words.

Different Kinds of Bullying

Physical bullying is pushing, hitting, pinching or kicking someone.



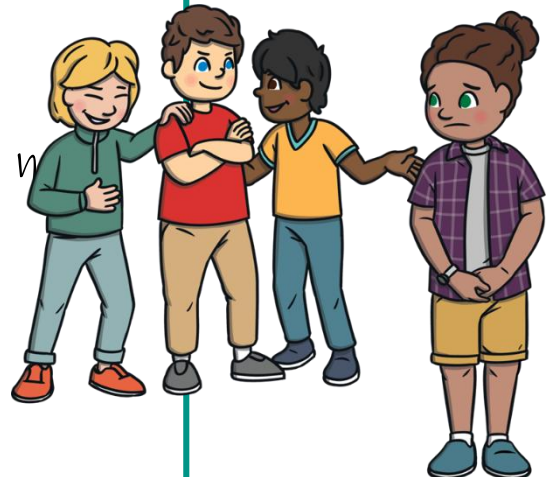
Verbal bullying is calling someone names, saying nasty things or even pretending you are going to hurt someone.



Cyberbullying is when people use email, photos, videos or text messages to make someone feel sad.



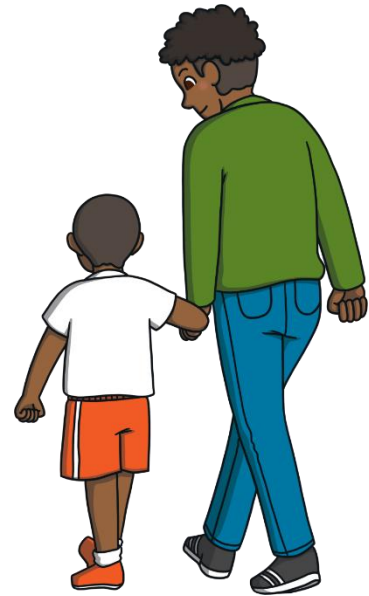
Indirect bullying is:
leaving people out of games;
talking about them when they are not
looking;
telling nasty stories about them;
standing by and watching bullying
happen.



What can you do?

If you see bullying, you can:

- Tell an adult
- Tell a Student Governor



Dealing with bullying

If somebody is being bullied this is what will happen:

1. A teacher will talk to the victim about what is happening.
2. The teacher will write everything down and hand it to the Headteacher or Deputy Head
3. A teacher will talk to the bully about the rules they have broken, what that means and how they can behave better.
4. Parents of the victim will talk to the head teacher about the bullying.
5. The head teacher will talk with the parents and the teachers about how to help the child feel better
6. The parent of the bully will talk with the head teacher about their actions and the head teacher and teacher will talk about how to help the Bully behave in a better way.

Consequences of bullying

- Time away from a fun activity in the classroom.
- Missing playtime, school trips or after school clubs.

The Student Governors will:

- Help the head teacher and teachers with the policy
- Know about bullying and how to prevent it and take part in the policy review
- Make sure that any incidents of bullying they have seen or heard about are passed on to a teacher.
- Listen to and help those children who come to them with an issue and direct them to an adult

Reviewed: September 2026